



COVID-19 – Pupil and Parent Guidelines

Pupils

Things you can do to help prevent the spread of a virus:

- Let someone know, immediately, if you: have a high temperature; have a new, continuous cough; or experience a loss or change to your sense of smell or taste.
- Wear school uniform to and from school, but change your clothes as soon as you get home.
- Bring your own **(labelled)** drinking water bottle into school so that it can be re-used throughout the day.
- Keep all of your toys and equipment (including books and book bags) at home.
- Remain with your 'bubble' throughout the day, attempting to keep 2 metres away from the other people in your bubble.
- Follow the new rules at lunch-times by playing in your 'bubble' and sitting only with your 'bubble'
- Wash your hands for 20 seconds as soon as you get into school and at regular moments throughout the day.
- Keep your hands away from your mouth, nose and eyes.
- Do NOT bring mobile telephones into school.

Parents / Carers

As you can never totally eliminate risk, we cannot guarantee to be able to keep your child socially distant at school. However, these are some of the things you can do to help prevent the spread of a virus:

- Ensure that your child does not come to the school for 14 days if they or a member of the household is showing any symptoms of the virus (e.g. a high temperature, a new continuous cough or a loss or change to your sense of smell or taste)
- Book a COVID-19 test (via the online service <https://self-referral.test-for-coronavirus.service.gov.uk/test-type>) if any members of their household are displaying symptoms of the virus
- Walk, cycle or drive to school rather than use public transport or wear a face covering if using public transport is unavoidable.
- Ensure that only **one** parent/carer accompanies your child to school.
- Keep any siblings, who are not attending school, at home.
- Follow the new 'one way' and 'staggered' system for dropping off and picking up
- Observe good social distance practises by standing apart from other parents in the school playground and by avoiding meeting other adults prior to dropping off or waiting to pick up.
- Ensure that you remain socially distant from school staff.
- Use alternative methods of communicating with staff (e.g. telephoning the school office or email) rather than approaching staff in the playground.
- Be available to collect your child as soon as the school calls, if your child becomes unwell at school.
- Ensure that the school has all of the up-to-date information and authorisations regarding any medication your child may be required to take.