

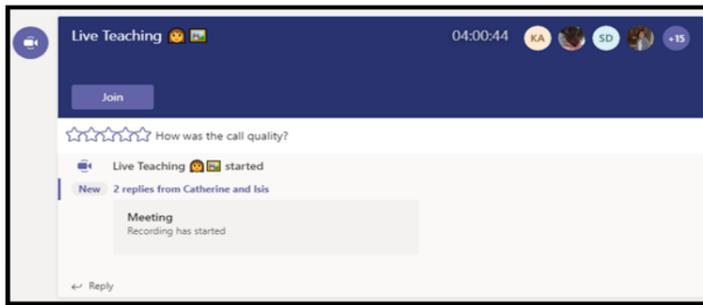
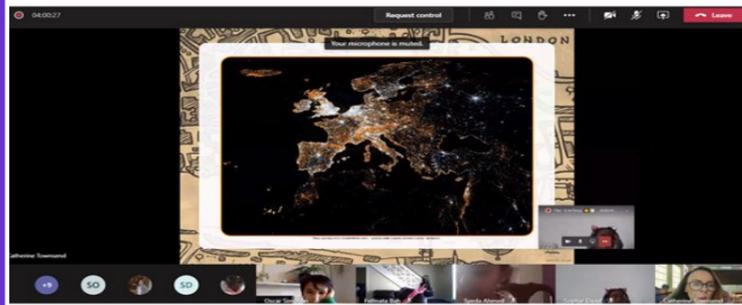
Holbeach

WEEKLY NEWSLETTER

Friday 8th January 2021

'Lessons go live!'

Judging from all of the overwhelmingly positive comments and emails we have received, you will be joining me in saying well done to staff, parents/carers and pupils alike for adapting to 'live lessons' so well this week. As one parent put it: "Just a quick note to say a huge thank you to all the staff. The home learning went better than expected and I know that this will help my sanity for the coming weeks. My daughter really enjoyed her lesson and I'm most grateful that she will have some structure to her days thanks to the lessons."



Full details of our approach to remote learning can now be found on [this page of the school website.](#)

£300 raised for Liliane

On Friday 11th December, the pupils and staff of Holbeach donated money in order to wear their Winter Jumpers for the day. The money raised (which has been counted and is £300!) will be used to continue to sponsor Liliane in Cameroon.



Accessing Microsoft Teams

Did you know that you can connect to Microsoft Teams via an XBOX or PlayStation 4?

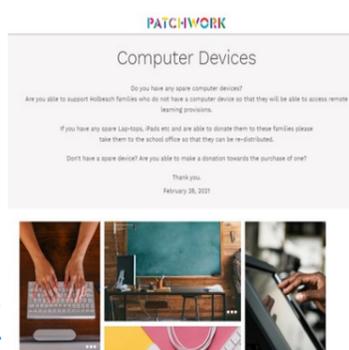
Click on the video below to see a demonstration of how to connect with these devices.

This method will support any pupils to connect to school when they have no other internet device.

<https://www.youtube.com/watch?v=mfrSceedsmE>

Thank you to the Friends of Holbeach!

Once again, this week, the Friends of Holbeach (FoH) have shown what a kind, generous and community-minded group of parents/carers we have at Holbeach. Through this webpage: <https://patchworkkit.com/34256/computers> the FoH have raised enough money to provide 12 devices to children who are currently unable to access the remote learning. **THANK YOU FoH!**



IMPORTANT DATES

Friday 15th January

- The deadline for applying for a primary school place to start in September 2021 (applications should be made online via: www.eadmissions.org.uk) Please note that parents of children in the Holbeach Nursery DO NOT automatically have a place at Holbeach.

WhatsApp Support

A group of parents in each class at Holbeach have set up a WhatsApp group so that they can support each other through this period of remote learning. Although these groups have no affiliation to the school and are not representative of the school, we are happy to direct you towards one of the FoH, Julie Commons, who can put you in touch with the WhatsApp group for your child's year group. (j.commonson@ntlworld.com)



Incredible Years

11 Week Zoom Course

Providing positive approaches to parenting using methods backed by over three decades of clinical research. 99.9% of parents and carers report a positive change in their children's behaviour after completing this free 11 week course.

Starts January 2021



This FREE course covers:

- Special Time
- Coaching
- Emotions
- Praise
- Rewards
- Commands
- Consequences
- Plus so much more

Age group: 4-11 years



FREE 11 week Zoom Course



To book your place
email: ladywell.cc@lewishamcfc.org.uk
Text or leave a message: 07377 724243

ACTION FOR HAPPINESS

How can we start this new year happier?

Things have certainly not been easy over the last year, and we are still in difficult and uncertain times.

The best way to try to handle our difficult emotions and experiences is by focusing on what we can control.

This month, we're encouraging everyone to focus on small steps to try to boost happiness - for ourselves and others around us - to spread kindness and hopefully inspire others to do the same.



ACTION CALENDAR: HAPPIER JANUARY 2021



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY



"Happiness is when what you think, what you say, and what you do are in harmony" - Gandhi

4 Write a list of things you feel grateful for in life and why

5 Look for the good in others and notice their strengths

6 Take five minutes to sit still and just breathe

7 Learn something new and share it with others

1 Find three good things to look forward to this year

2 Make time today to do something kind for yourself

3 Do a kind act for someone else to help to brighten their day

11 Switch off all your tech 2 hours before bedtime

12 Connect with someone near you - share a smile or chat

13 Be gentle with yourself when you make mistakes

14 Take a different route today and see what you notice

15 Eat healthy food which really nourishes you today

16 Get outside and notice five things that are beautiful

17 Contribute positively to a good cause or your community

18 Focus on what's good, even if today feels tough

19 Get back in contact with an old friend you miss

20 Go to bed in good time and give yourself time to recharge

21 Take a small step towards an important goal

22 Try out something new to get out of your comfort zone

23 Plan something fun and invite others to join you

24 Put away digital devices and focus on being in the moment

25 Decide to lift people up rather than put them down

26 Say hello to a neighbour and get to know them better

27 Challenge your negative thoughts and look for the upside

28 Ask other people about things they've enjoyed recently

29 Use one of your personal strengths in a new way

30 Count how many people you can smile at today

31 Write down your hopes or plans for the future

ACTION FOR HAPPINESS



www.actionforhappiness.org

Learn more about this month's theme at www.actionforhappiness.org/happier-january

Happier · Kinder · Together