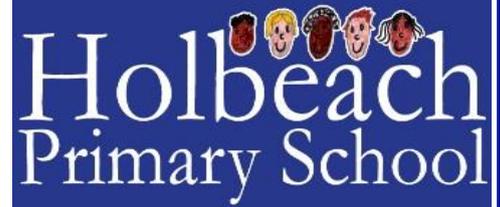


# Holbeach Primary School

Nelgarde Road, London SE6 4TP

Tel: 020 8690 4713 Email: admin@holbeach.lewisham.sch.uk

Web: www.holbeach.lewisham.sch.uk



Today's learners are tomorrow's leaders

Saturday 19<sup>th</sup> December 2020

Dear Parent/Carer,

## RE: SINGLE CASE OF COVID-19 AT HOLBEACH SCHOOL (ADVICE TO PARENTS OR CARERS)

I am writing to inform you that we have been advised that there has been a confirmed case of COVID-19 within the school.

**Your child has NOT been identified as a close contact of the case and they DO NOT need to self-isolate.**

We have undertaken a full risk assessment with public health authorities. We are continuing to monitor the situation and are working closely with Public Health England. We believe all necessary precautions have been taken to limit further transmission.

This letter is to inform you of the current situation and provide advice on how to support your child.

### **What to do if your child develops symptoms of COVID 19**

If your child develops symptoms of COVID-19, they should get a test and remain at home for at least 10 days from the date when their symptoms appeared.

All other household members who remain well must stay at home and not leave the house for 10 days, unless the test result is negative. **Please inform the school of any symptoms and test results.**

The 10-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

### **Symptoms**

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature
- a loss of, or change in, normal sense of taste or smell (anosmia)

**For most people, coronavirus (COVID-19) will be a mild illness.**

If your child or anyone in the household does develop symptoms, you can seek advice from NHS 111 at: <https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/> or by phoning 111.

**Headteacher:**  
Mr Tom Bulpitt

**Assistant Headteachers:**  
Mrs Angela Cronin  
Mr Phil Morriss  
Mrs Karen Robertson

**School Business Manager:**  
Mr Gareth Hudson

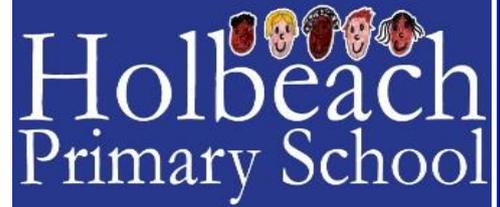
**Premises Manager:**  
Mr Derek Holmes

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## How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19.

### **Do:**

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further information is available at: <https://www.nhs.uk/conditions/coronavirus-covid19/>

If you require any further information please do not hesitate to contact the school office on 0208 690 4713. Thank you, as always, for your cooperation in this challenging time.

Yours sincerely

Mr Bulpitt  
Headteacher

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Mr Tom Bulpitt

Assistant Headteachers:  
Mrs Angela Cronin  
Mr Phil Morriss  
Mrs Karen Robertson

School Business Manager:  
Mr Gareth Hudson

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