

Holbeach

WEEKLY NEWSLETTER

Friday 9th October 2020

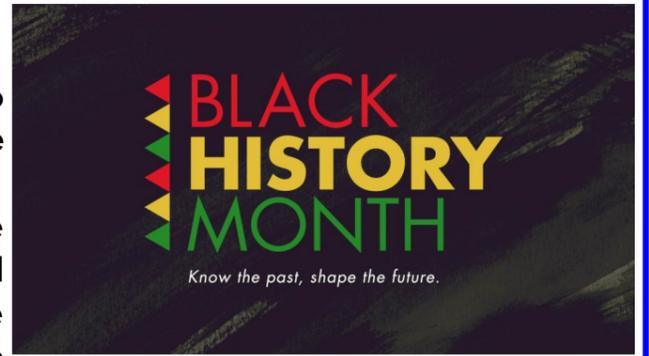
Black History Month at Holbeach

As part of our School Development Plan for this year, we are looking to **“Develop the school’s ability to celebrate the diversity of the community it serves.”**

During the month of October (Black History Month) the children will be learning about the huge contribution black people have made to all aspects of our lives (Science, Music, Art, Politics etc.) and exploring these important concepts in a variety of ways. Look out for examples on the class blogs and in next week’s newsletter.

Later on this term, we will be setting up a Diversity Committee that will have pupil, staff and parent/carer representation (more information on this to follow).

In the meantime, please do speak with your child about what they have been learning at school during Black History Month and do visit this website: <https://www.iamlewisham.uk/black-history-month> for more ways in which you can develop your child’s understanding of the world wide contributions made by black people.



IMPORTANT DATES

Friday 16th October

- Show Racism the Red Card - Wear Red Day (see page 2 of newsletter)

Monday 19th October

- Virtual Open Morning for Prospective Parents (10am)

Thursday 22nd October

- Friends of Holbeach Annual General Meeting (via Zoom - see page 3 of newsletter)

HALF TERM

(Mon 26th Oct - Fri 30th Oct)

Monday 2nd November - Friday 13th November

- Parents Evening Meetings by telephone (full details to follow in a letter next week)

Mental Health Support

Did you know that **Saturday 10th October** is **World Mental Health Day**?



Here at Holbeach, we are very aware of the impact that recent events are having on the mental health of many in our community and would like to use this date as an opportunity to remind you all that the following support is available

- The Lewisham Mental Health Support Team are holding weekly online Coffee Mornings each Thursday at 10:00-11:00 am. They are here to support the whole school community's health and wellbeing. Lewisham Primary School parents can come and meet fellow parents to share and reflect on their experiences. Please email lewishamMHST@slam.nhs.uk for a link to attend.
- Young Minds (www.youngminds.org.uk) is a charity that looks to support and empower people whatever the challenges they face. **Parents Helpline – 0808 802 5544**

Parent Governor Election

Due to a recent resignation from the school’s Governing Board, we currently have a vacancy for a Parent Governor.

We will shortly be contacting you all asking for nominations of people willing to take on this role.

All parents and guardians of children at the school are eligible to stand as candidates, and can also vote in the election should more than one person put themselves forward.

Parents who are elected can continue as Governors for four years if they wish, even if their child leaves the school during that four-year period.

Being a Parent Governor at Holbeach is a very rewarding role, but it does require dedication and commitment to do justice to the position.

In order to provide more information about the role and what it entails, some of the current Governors will be available to **remotely** meet with any interested parents, **via Microsoft Teams**, and answer any questions you may have. A link to this event will be available via the calendar on the school website.

Please be aware that, you can nominate yourself to stand or nominate another parent. If you want to nominate another parent please check with them first that they are willing to stand and ask them to sign the nomination form in the space provided. If more than two parents are nominated, an election will then be held. Further details will follow in a letter sent home.

Come and visit our website and find out...

- [How the school has responded to the COVID-19 pandemic and what the latest advice is for you and your family.](#)
- [What online resources the school has purchased to provide additional home learning opportunities for all pupils.](#)
- [How to download the latest newsletter and letters](#)
- [What the learning that each class has been doing lately and what the home learning task is for each class \(Class Blogs\)](#)
- [Information about the school dinners and how to apply for Free School Meals](#)



Show Racism the Red Card

Show Racism the Red Card is the UK's leading anti-racism education charity.

Each October Show Racism the Red Card holds its annual **Wear Red Day!**

The 6th annual Wear Red Day will take place across England, Wales and Scotland on **Friday 16 October 2020.**

Wear Red Day (WRD) is a national day of action which encourages **individuals within schools to wear red** and donate up to £1 to help fund anti-racism education for young people and adults across the UK.

Every penny raised during WRD enables our education and campaign workers to work with more young people and adults across the UK to challenge racism in society.

We believe WRD is even more important than ever this year given the Black Lives Matter movement and the increasing attention that anti-racism education is getting. Many people will be working from home and we are hoping that they can get involved and show their solidarity online.

Here are more ways to get involved:

- WRD advert: <https://youtu.be/7D4NFZK7zjs>
- WRD advert: <https://youtu.be/NrXFrGvE4D4>
- 'Keep Up the Momentum' challenge promo: <https://youtu.be/FUjplP34qQk>
- WRD launch event: <https://youtu.be/52RIm6DanIU>

All schools registering to take part in #WRD20 will get entered into a prize draw with some amazing prizes:

<https://www.theredcard.org/news/2020/9/17/kickers-partner-with-show-racism-the-red-card-to-support-wear-red-day>

AGM

Annual General Meeting

Everyone is welcome.

Stay informed and get involved.

FRIENDS OF HOLBEACH

22nd October 2020 at 8pm

Via Zoom(log in details to follow)



COVID-19 Related Absence From School: A Guide For Parents

Scenario	Action Needed	Return to school when...
<p>My child has a ‘suspected case’ of COVID-19. This means that they have <u>one</u> or more of the main three COVID-19 symptoms:</p> <ul style="list-style-type: none"> • HIGH TEMPERATURE – <i>this means any new high temperature (e.g. above 37.8°) where your child feels hot to touch on their chest or back</i> • A NEW CONTINUOUS COUGH – <i>this means coughing a lot for more than an hour or 3 or more coughing episodes in 24hrs</i> • A LOSS OR CHANGE TO YOUR SENSE OF SMELL OR TASTE – <i>a noticeable loss of smell or taste or things smell and taste different to normal</i> 	<p><u>DO NOT</u> COME TO SCHOOL</p> <ul style="list-style-type: none"> • Everybody in the household must immediately isolate (symptomatic person and all other family members) • Contact the school immediately to inform us of the ‘suspected case’. • Arrange for a test for the symptomatic person (only the person with symptoms should get a test). • Inform the school of the test result (providing evidence) <p><i>(You do not need to get a test for anyone else in the household unless they have any of the three symptoms)</i></p>	<p>Your child feels well and...</p> <p>The school has seen the evidence of your child’s NEGATIVE test result (the child and any siblings can return unless one of the siblings have developed one of the main COVID-19 symptoms)</p> <p>Or</p> <p>Your child (and their siblings) have completed 14 days isolation</p>
<p>My child tests positive for COVID-19</p>	<p><u>DO NOT</u> COME TO SCHOOL</p> <ul style="list-style-type: none"> • Inform the school of the test result (providing evidence) • The child who tested positive must self-isolate at home for 10 days from when their symptoms started. • Everybody else in the household must isolate at home for 14 days. The 14-day period starts from the day when the first person in the household became ill or if they do not have symptoms, from the day their test was taken. <p><i>If any other household member develops symptoms during this isolation period, restart the isolation from the day they developed symptoms. However only get a test if they develop coronavirus symptoms.</i></p>	<p>All of the following are true...</p> <ul style="list-style-type: none"> • Your child <u>no longer has a temperature</u> and feels well enough for school. • They have completed a minimum period of 10 days isolation <p><i>Your child can return to school with a cough and/or loss of sense of taste or smell as long as long as they have isolated at home for a minimum period of 10 days and feel better as these symptoms can last for several weeks even after the infection has gone.</i></p> <p>If after 10 days, your child still has a temperature they should continue to self-isolate at home and seek medical advice.</p>
<p>My child tests negative for COVID-19</p>	<ul style="list-style-type: none"> • Inform the school of the test result (providing evidence) 	<p>Your child feels well and the evidence of the NEGATIVE test result has been provided to the school.</p>
<p>My child is ill with symptoms <i>not</i> linked to COVID-19</p> <p><i>For example they have a runny nose, are sneezing or feeling unwell BUT DO NOT have a high temperature, a new continuous cough or a loss of, or change in, sense of smell or taste</i></p>	<ul style="list-style-type: none"> • Call school to report your child’s absence in the usual way. 	<p>Your child feels well.</p>

COVID-19 Related Absence From School: A Guide For Parents

Scenario	Action Needed	Return to school when...
<p>Someone in my household has a 'suspected case' of COVID-19. This means that they have one or more of the main three COVID-19 symptoms:</p> <ul style="list-style-type: none"> HIGH TEMPERATURE – this means any new high temperature (e.g. above 37.8°) where your child feels hot to touch on their chest or back A NEW CONTINUOUS COUGH – this means coughing a lot for more than an hour or 3 or more coughing episodes in 24hrs A LOSS OR CHANGE TO YOUR SENSE OF SMELL OR TASTE – a noticeable loss of smell or taste or things smell and taste different to normal 	<p><u>DO NOT COME TO SCHOOL</u></p> <ul style="list-style-type: none"> Everybody in the household must immediately isolate (symptomatic person and all other family members) Contact the school immediately to inform us of the 'suspected case'. Arrange for a test for the symptomatic person (<i>only the person with symptoms should get a test</i>). Inform the school of the test result (providing evidence) <p><i>(You do not need to get a test for anyone else in the household unless they have any of the three symptoms)</i></p>	<p>The school has seen the evidence of the household member's NEGATIVE test result</p> <p>Or</p> <p>The household has completed 14 days isolation</p> <p><i>If the household member's test result comes back POSITIVE, the rest of the household should isolate for 14 days.</i></p> <p><i>If at any point during the 14-day quarantine period the child exhibits any of the main COVID-19 symptoms the child is unable to return to school and they must follow the "My child has one or more Covid-19 symptoms" guidance.</i></p>
<p>NHS test & trace has identified my child has been in close contact of someone with a confirmed case of Covid-19</p>	<p><u>DO NOT COME TO SCHOOL</u></p> <ul style="list-style-type: none"> Contact the school to inform us of the situation. Your child must isolate at home for 14 days. <p><i>Your child should only get a test if they subsequently develop any of the main coronavirus symptoms.</i></p>	<p>The child has completed the 14-day isolation period at home</p> <p><i>If at any point during the 14-day quarantine period the child exhibits any of the main COVID-19 symptoms the child is unable to return to school and they must follow the "My child has one or more Covid-19 symptoms" guidance.</i></p>
<p>My child has travelled abroad or to a part of the UK that requires them to self-isolate as part of a period of quarantine.</p>	<p><u>DO NOT COME TO SCHOOL</u></p> <ul style="list-style-type: none"> You and/or your child must isolate at home for 14 days from the date you returned to UK. <p><i>Your child should only get a test if they subsequently develop any of the main coronavirus symptoms.</i></p>	<p>The child has completed the 14-day quarantine period as long as they do not begin to exhibit any Covid-19 symptoms.</p> <p><i>If at any point during the 14-day quarantine period, the child exhibits any of the Covid-19 symptoms the child is unable to return to school and they must follow the "My child has one or more Covid-19 symptoms" guidance above.</i></p> <p><i>If at any point during the 14- day quarantine period a member of the household exhibits any of the Covid-19 symptoms the child is unable to return to school and they must follow the "Someone in my household has Covid-19 symptoms" guidance above.</i></p>