

## Topic Title: Amazing Me!

### To engage the children we will:

- Experience an interactive theatrical production on the human body.
- Use and create exciting and interactive models of the human body.
- Encourage children to follow their own lines of enquiry to answer questions.

### What the children will know by the end of the topic:

- The names and location of major internal organs.
- The purpose and functions of the internal organs.
- The scientific names for the main bones in the skeleton and understanding their function.
- How the digestive system works.
- Puberty
- The components of a healthy balanced diet and different food groups.

### What the children will learn to do during the topic:

- Use a selection of sources to research questions on the human body.
- Explain how the human body works and functions.
- Design and make a healthy meal
- Create portraits, taking inspiration from Pablo Picasso.
- Follow and create various exercise circuits.
- Pronounce words and phrases in Mandarin related to the topic.

### The memorable experience at the end of the topic will be:

To lead parents in a 'Fit for Life Day'

### To support your child's learning with this topic you could:

- Read books about the human body.
- Discuss their learning about the human body.
- Create healthy meals and discuss ingredients.
- Visit art galleries such as the National Portrait Gallery with a focus on portraits.
- Visit museums with a focus on the human anatomy (such as the Wellcome Collection, the Hunarian Museum or the Science Museum).

### PE Lessons:

4A -Tuesday (Indoor) &  
Thursday (Outdoor)

4S - Friday (Indoor) &  
Wednesday (Outdoor)

4B – Tuesday (Outdoor)  
Friday (Indoor)

Fitness & Gymnastics