

Holbeach

WEEKLY NEWSLETTER

Friday 1st February 2019

Year 3 Educational Visit to The London Eye

On Tuesday, the whole of Year 3 took a flight on the London Eye so that we could look down from above and get a bird's eye view of London.

We saw: the Houses of Parliament, Buckingham Palace, St Thomas' Hospital, Big Ben, the Wembley arch, the river Thames curving along and lots of people (who looked like ants to us because we were so high up). Before we went on the Eye, we watched a short 4D film in a small cinema.



Getting on and off the Eye was scary because the pods were moving and when we were at the very top it was quite scary too. Having said that, it was really fun! **By Alan and Mimi (3G)**



IMPORTANT DATES

Monday 4th February

- Year 4 taking part in the 'You Mean Machine' Theatre Workshop about the human body

Tuesday 5th February

- Parent Drop In Afternoon (3:20pm - 4pm) a chance to look at the work your child has completed in class.

Thursday 7th February

- 5C Class Assembly (9:15am in the school hall for parents and carers)
- Years 6 Educational Visit to The Natural History Museum

Friday 8th February

- Year 5 Educational Visit to the Albany Theatre to watch Romeo and Juliet and take part in a drama workshop about it

Tuesday 12th February

- "Online Awareness" Presentation for parents by Teresa Hughes (a former Police Inspector and E-safety expert) 6:30pm

Thursday 14th February

- Chinese New Year Assembly

Years 5 and 6 Lewisham Basketball Competition

Last Thursday, a squad of children from the Year 5 and 6 Basketball Club took part in a competition against other primary schools in Lewisham.

The Holbeach squad was made up of Grace, Bryan, Alfie, Naomi, Andy, Hasan and Jamai (all Year 6) and Epheson, Colin, and Angelo (all Year 5).

Grace was selected to read the players maxim at the beginning of the event which promised to try hard but play fairly and all of the Holbeach children certainly did that. They finished in a very creditable third place. Ms Bozzao was very pleased with their performance and should be thanked for coaching them and taking them on the day.



P.E. Kit

Unfortunately, there are still a few children who are not coming to school with a suitable PE kit and this is having an impact on their learning in this subject.

All children in school need a P.E. kit to change into. It should consist of:

- A plain white T-shirt
- Well fitting, blue/black/grey cotton shorts (not too long)
- A pair of black plimsolls or trainers
- Short white socks
- A draw-string bag to store them in
- Jogging bottoms may be worn instead of shorts for outdoor PE

All P.E. kits should be clearly marked with your child's name. The kit should be brought into school on Monday morning and taken home on Friday to be washed.

A Message from the Friends of Holbeach (FoH)

During the half term holiday the next stage of the playground development project will be undertaken. You will remember that the funding for this project has come from money raised from our dedicated events and crowd funding but have sourced a significant grant from the Greater London Authority which is specifically designed to support projects like ours.



Do you feel like you know enough about the internet?
How do you ensure that your child is safe online?
What are the risks and how do we prepare for them?

Come along to our...
**Online Safety Workshop for
Parents and Carers**

Tuesday 12th February 2019
6.30 pm — 7.30 pm

The workshop will be lead by Teresa Hughes of Girling / Hughes Associates.

Teresa Hughes is a specialist in online safety and child protection. She is an Honorary Lecturer at the University of Kent Centre for Child Protection. A former police detective, Teresa's law enforcement expertise give her a unique insight into the challenges posed by online grooming, cyberbullying, exposure to harmful materials and other issues affecting young people and

Please note that this workshop is not suitable for children. A small childcare facility will be available for children aged 3 and over.

If you would like to attend, book a childcare place or further information please speak to Miss Bell or email admin@holbeach.lewisham.sch.uk

Be safe, be confident, be proactive.

Visit the Lewisham council website for ideas for the weekend: www.lewisham.gov.uk/myservices/children-and-families/Pages

Children and families information service

Family information service directory



Find childcare providers and organisations offering services for families

Activities for children and young people



Find events and regular activities for children, young people and families

Listen to this page

Top story

Planned website maintenance

Due to planned maintenance work on www.lewisham.gov.uk some services may be unavailable.

Free 15 hours per week

Lewisham Children and Family Centres

At Holbeach we recognise that parenting can be exciting, rewarding, challenging, difficult and exhausting. Sometimes all at once! At times, all parents might need just a bit of extra support.



working together

Lewisham Children and Family Centres



Did you know that there are several Lewisham Children and Family Centres in the borough? These centres offer 1:1 family support in your home or in the community, and a wide range of different parenting courses and programmes to help you develop a stronger, happier and more positive relationship with your child, building your **confidence** and skills as a parent.

If you want specific help of any sort please talk to the staff in the centres (020 8690 6696) or you can email the Family Support Co-ordinator on our confidential email: Lewisham.Secure@pre-school.org.uk

Drumbeat Outreach Service - Parent/Carers Workshops

Drumbeat is Lewisham's specialist provision for children on the Autistic Spectrum. They also provide an exceptional Outreach service that includes a termly calendar of workshops for parents on a range of topics, strategies and interventions to support the needs of parents and carers.

All of the sessions are free of charge and are aimed at parents, family members and carers living with and supporting individuals with social communication difficulties, including children and young people with a diagnosis of ASD. However, they provide useful strategies for behavioural approaches for all children.

The workshops aim to provide a safe place to discuss your child's strengths and needs with other parents and to share some practical strategies and top tips!

The venue is: **Drumbeat Downham**, Roundtable Road, BR1 5LE

To book a place on a workshop:

Contact: 0207 635 9022

email: outreach.admin@drumbeat.lewisham.sch.uk



PARENT WORKSHOPS

SPRING TERM

Supporting Emotional Regulation A practical session looking at how to support your young person to develop self-regulation strategies by creating their own toolkit to manage their responses, thoughts and feelings.	Tuesday 15th January 2019 10.00-12.00
It's Different for Girls A workshop looking at how girls with social communication differences can present very differently to boys and how to support them.	Tuesday 5th February 2019 10.00-12.00
Our Basic Needs Come and explore why children with social communication difficulties may have barriers to eating a range of food, developing a good sleeping pattern and toileting. Share ideas and look at different ways we can support our children with their basic needs.	Tuesday 26th February 2019 10.00-12.00
Supporting Early Communication and Interaction A workshop exploring strategies to support interaction and play with your child in the Early Years.	Tuesday 12th March 2019 10.00-12.00
Developing Independence, Keeping Safe and Preparing for Transition A workshop full of ideas around supporting your child to be independent and to develop their understanding of the world around them.	Tuesday 2nd April 2019 10.00-12.00